CLAIMS

WHAT IS CLAIMED IS:

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- 1. A sole of a shoe having a recessed portion in an area of the sole that corresponds to the location of a pair of sesamoid bones protruding undersurface of a foot wearing the shoe for receiving the sesamoid bones in the recessed portion to provide comfort to the person wearing the shoe.
- 2. The shoe sole of Claim 1, wherein the sole is an attached part of the shoe.
- 3. The shoe sole of Claim 2, wherein the depth of the recessed portion is about 2 mm.
 - 4. The shoe sole of Claim 1, wherein the sole is separable from the shoe.
 - 5. The shoe sole of Claim 4, wherein the depth of the recessed portion is about 2 mm.
- 6. A sole of a shoe having an aperture formed in an area of the sole that

 corresponds to the location of a pair of sesamoid bones protruding

 undersurface of a foot wearing the shoe for receiving the sesamoid bones in

 the aperture to provide comfort to the person wearing the shoe.

- 7. The shoe sole of Claim 6, wherein the sole is an attached part of the shoe.
- 8. The shoe sole of Claim 6, wherein the sole is separable from the shoe.

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